

Delaware Information and Services for People with Intellectual and Developmental Disabilities

This guide lists resources that provide information and services for people with intellectual and developmental disabilities (IDD) in the state of Delaware.

IDD Information

DHSS Division of Developmental Disabilities Services (DDDS)

Supports individuals with intellectual and developmental disabilities to live their good lives by accessing services to thrive in their community.

Website: <https://www.dhss.delaware.gov/dhss/ddds/>

Delaware Developmental Disabilities Council (DDC)

Addresses unmet needs of people with developmental disabilities through system-wide advocacy, planning and demonstration projects promoting and embracing inclusion, equality, and empowerment.

Phone: 302-739-3333 | **Website:** <https://ddc.delaware.gov/>

Delaware Disability Hub

Assists students, parents, caregivers, teachers, administrators, providers, social workers, and all other interested parties to understand transition and how to access resources.

Phone: 302-739-4553 | **Website:** <https://delhub.gacec.delaware.gov/>

Autism Delaware

Provides family support, adult services, and supports community engagement for people on the autism spectrum and to their families and caregivers.

Phone: 302-224-6020 | **Website:** <https://www.autismdelaware.org/>

Delaware Network for Excellence in Autism (DNEA)

Ensures that autistic people, their families, and the professionals who serve them have access to high quality support, education, and evidence-based care through training, technical assistance, and information dissemination.

Website: <https://www.delawareautismnetwork.org/>

University of Delaware Center for Disabilities Studies (CDS)

Enhances the lives of individuals with disabilities and their families through education, advocacy, service, and research by promoting empowerment, opportunity, accessibility and inclusiveness.

Phone: 302-831-6974 | **Website:** <https://www.cds.udel.edu/>

This is not an exhaustive list of all IDD resources available in the state of Delaware. Resource inclusion on this list does not indicate endorsement of the resource.

Additional resource guides and a full list of references at <https://www.delawareautismnetwork.org/>.

Ambrose, A., Fletcher, A., Mallory, S., & DNEA CDS Team. (2024). *DNEA resource guide: Delaware information and services for people with intellectual and developmental disabilities.*

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Family and Caregiver Resources

Children and Families First

Provides social, educational, and mental health programs throughout the state; connects families to community services. Provides referrals for childcare and respite.

Phone: 302-658-5177 | **Website:** <https://www.cffde.org/>

Parent Information Center (PIC) of Delaware

Provides information, training, videos, technical assistance, and support for parents of children with a disability from birth-26. Offers support with accessing appropriate education and services.

Wilmington Phone: 302-999-7637 | **Seaford Phone:** 888-547-4412 | **Dover Phone:** 888-547-4412

Website: <https://picofdel.org/>

Family SHADE (PIC)

Connects families of children with special healthcare needs and providers to information, resources and services; advocates for solutions to recognize gaps in services.

Phone: 302-999-7394 | **Website:** <https://www.familyshade.org/>

Delaware Family Voices (PIC)

Provides support to families of children and young adults with physical, developmental, and mental health challenges who are navigating healthcare systems and service/resource access.

Phone: 302-999-7394 | **Website:** <https://delawarefamilytofamily.org/>

Mental Health Information

National Alliance on Mental Illness Delaware (NAMI)

Provides presentations and workshops, awareness, advocacy, outreach, peer and family support and education, and housing assistance to support those affected by mental illness.

Phone: 302-427-0787 | **Website:** <http://www.namidelaware.org/>

Mental Health Association in Delaware (MHA)

Provides education, support and advocacy for mental health for individuals and families in Delaware to promote improved mental well-being.

Phone: 302-654-6833 | **Website:** <https://www.mhainde.org/>

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