

Crisis Communication Board for People with Intellectual and Developmental Disabilities

This crisis communication board can be used to communicate with someone with an intellectual or developmental disability (IDD) during a mental health crisis.

How are you feeling?

Angry

Frustrated

Worried

Tired or Sad

Calm

Happy

	Who?				
	What?				
	When?				
	Where?				
	Why?				
	How Many?				
	Yes				
	No				
	Maybe				
	Like				
	Don't Like				
	Don't Know				

Additional resource guides and a full list of references can be found at <https://www.delawareautismnetwork.org/>.

Ambroise, A., Fletcher, A., Mallory, S., & DNEA CDS Team. (2024). DNEA resource guide: Crisis communication board for people with intellectual and developmental disabilities.

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