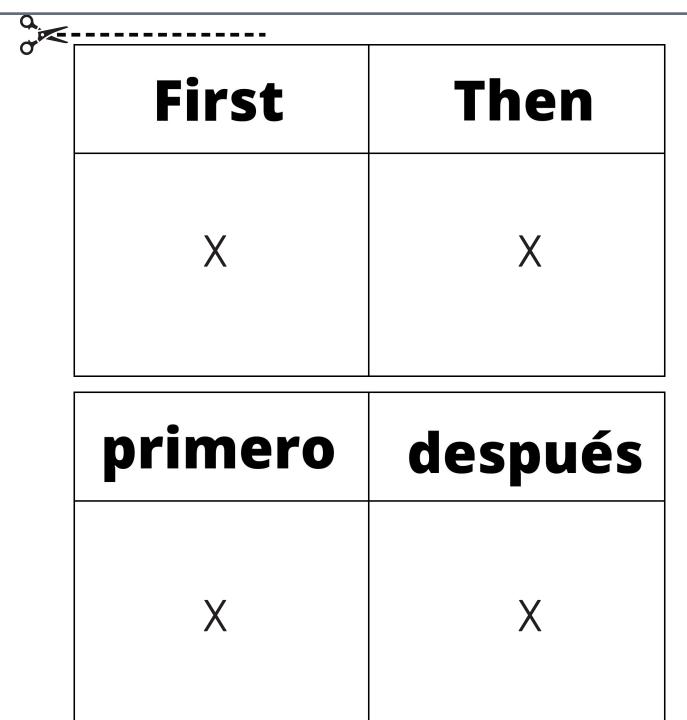
Visual Support: First-Then Grab and Go Supports

DNEA Resource Guide:

A First-Then schedule helps a person understand and sequence activities to create a more predictable environment. Cut out the First-Then table and laminate it for durability. Adhere a Velcro dot on each X and select the picture word cards you want to represent each activity.



Fletcher, A., Mallory, S., Ambrosie, A., & CDS DNEA Team. (2024). DNEA resource guide: Grab and go supports: Visual support: First-then. Delaware Network for Excellence in Autism Additional resource guides at https://www.delawareautismnetwork.org/.

DELAWARE DEPARTMENT OF HEALTH AND SOCIAL SERVICES DIVISION OF SUBSTANCE ABUSE AND MENTAL HEALTH

